

# Jessner Peel

This superior treatment will result in a deeper peel designed to remove sun damage, re ne ne lines and wrinkles and reduce acne, leaving the skin looking years younger. A combination of resorcinol, lactic acid, and salicylic acid, this peel will effectively breakdown damaged cells, stimulate cellular rejuvenation and improve overall health of the skin.

## Client Preparation:

A full client consultation is necessary before treatment. Have client complete and sign the peel consent form. Verbally repeat contraindications before proceeding with peel. Provide the client with hair and eye protection.

## Application:

### Treatment:

1. Dispense 3 ml of **Jessner Peel Solution** into a portion cup.
2. Give client hand held fan to hold and direct at face.
3. Using a cotton 4x4 or brush carefully dip into solution pressing onto the side of the cup to remove excess. Apply one layer section-by-section beginning at the forehead, cheeks, nose, and finishing with jaw line lightly feathering down onto the neck. Keep pressure and quantity of solution constant. Do not allow product to “pool” in folds of the skin. This is a sign of too much peel solution.
4. Let the peel dry on the skin for approximately 7 to 10 minutes between layers, **starting with just one layer for the initial peel.**
5. **Always use the 1 to 10 scale with the client. Ask the client how it feels on a scale of 1 to 10, ten being an intolerable burning sensation. NOTE: If client reports a 7 or higher do not apply any additional layers.**
6. When a mild frost is seen it can be brushed off with a cotton wipe or fan brush. Frosting in the Jessner's is the result of 1. re-crystallization of acid, and/or 2. the breaking down and coagulation of proteins, which may have a different appearance. Both types are normal and to be expected. You can apply up to three layers but, **NEVER more than three.**
7. The Jessner's peel is in a ethanol base and is **self-neutralizing\***, meaning it is applied in one or more layers and allowed to dry. **DO NOT attempt to apply any additional products to treated area.**  
**NEVER APPLY WATER TO REMOVE THIS PEEL (IT WILL REACTIVATE THE ACID)**

## Completing Treatment:

1. Instruct client on home care program.
2. Reschedule client for follow up treatment.

## Post Care Precautions:

1. Do not cleanse skin for 12 hours after the peel.
2. Do not put face directly under hot shower.
3. Do not use Jacuzzis, steam rooms or saunas.
4. Do not participate in activities that would cause excessive sweating.
5. Do not use any scrubs or mechanical forms of exfoliation.
6. No scrubs, retinoic acids, AHA's, BHA's, or astringents until the skin has healed.
7. **DO NOT PEEL OR PICK AT THE SKIN.**