

CIRCADIA®

Mixology

SCIENCE AND NATURE IN PERFECT RHYTHM

Advanced Mixology



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Cooling Gel Cleanser

Products:

Lipid Replacing Cleansing Gel
Snow Algae and Spirulina Cooling Mask

Directions: Combine 1 Pump **Lipid Replacing Cleansing Gel** to ¼ Tsp. **Snow Algae and Spirulina Cooling Mask** for a refreshing cleanse that will reduce inflammation, redness and heat.

Indications: All Skin Types
Contraindications: Tree Nut Allergy

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Brightening Antioxidant Milk Cleanser

Products:

Amandola Milk Cleanser
Australian Super-Berry Antioxidant Mask

Directions: Combine 1 Pump **Amandola Milk Cleanser** to ¼ Tsp. **Australian Super-Berry Antioxidant Mask**.

Indications: Aging, Hyperpigmentation,
Mature Contraindications: AHA Sensitive, Nut Allergy



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Brightening Antioxidant Cleansing Gel



Products:

Lipid Replacing Cleansing Gel
Australian Super-Berry Antioxidant Mask

Directions: Combine 1 Pump **Lipid Replacing Cleansing Gel** to ¼ Tsp. **Australian Super-Berry Antioxidant Mask**.

Indications: Acne, Oily, Aging, Hyperpigmentation, Mature

Contraindications: AHA Sensitive, Tree Nut Allergy

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Chocolate Exfoliating Cleansing Milk



Products:

Amandola Milk Cleanser
Cocoa Enzyme Powder

Directions: Mix ½ Tsp. **Cocoa Enzyme Powder** and 2 Pumps **Amandola Milk Cleanser** and apply to skin.

Indications: All Skin Types

Contraindications: AHA sensitive

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Advanced Brightening Scrub



Products:

SWiCH Hydrating Cleanser
Australian Super-Berry Antioxidant Mask

Directions: Combine **SWiCH Hydrating Cleanser** with ½ Tsp. **Australian Super-Berry Antioxidant Mask** and massage for 2-5 mins. Remove with warm water and 4x4 gauze.

Indications: Dull, Hyperpigmentation, Highly Keratinized, Aging

Contraindications: Sensitive, Rosacea

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Exfoliation

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Brightening Peptide Enzyme

Products:

- Licorice and Bearberry Brightening Mist
- Raspberry Enzyme Powder

Directions: Mix 1 Part **Raspberry Enzyme Powder** with 3 parts **Licorice and Bearberry Brightening Mist**.

Indications: Hyperpigmentation, Aging, Melasma

Contraindications: Pineapple, Papaya Allergy



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BHA Enzyme Exfoliation

Products:

- White Willow & Juniper Clearing Mist
- Cocoa Enzyme Powder

Directions: Mix 1 Part **Cocoa Enzyme Powder** with 3 parts **White Willow & Juniper Clearing Mist**.

Indications: Acne, Oily

Contraindications: Pineapple, Papaya Allergy



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Redness Reducing Enzyme

Products:

- Aloe and Calendula Calming Mist
- Cocoa Enzyme Powder

Directions: Mix 1 Part **Cocoa Enzyme Powder** with 3 parts **Aloe and Calendula Calming Mist**.

Indications: Acne, Oily, Rosacea/ Sensitive

Contraindications: Pineapple, Papaya Allergy



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Antioxidant Enriched Enzyme

Products:

- Blueberry and White Tea Hydrating Mist
- Raspberry Enzyme Powder

Directions: Mix 1 Part **Raspberry Enzyme Powder** with 3 parts **Blueberry and White Tea Hydrating Mist**.

Indications: Mature, Aging, Damaged, Glycated, Smokers Skin

Contraindications: Pineapple, Papaya Allergy



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AHA Boost

Products:

Amandola Milk Cleanser

Enzymes(choose one)

Directions: After enzyme has processed on skin for 7-10 mins, lay **Amandola Milk Cleanser** on top of **Enzyme** and Massage for 2-5 Mins, thoroughly remove.

Indications: Mature, Aging, Damaged, Glycated,

Smokers Skin

Contraindications: Pineapple, Papaya Allergy, Sensitive



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Massage



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Nourishing Peptide Boost

Products:

Vitamin Veil

Directions: Moisten finger tips and dispense 2 pumps **Vitamin Veil Cleanser** into hands and massage for 7-10 mins. (Repeat if necessary)

Indications: Most Skin Types

Contraindications: Oily, Acne



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Mask



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Cutting the Intensity

Marshmallow Whip Hydrating Mask-



Directions: Mix equal parts **Marshmallow Whip Hydrating Mask** with chosen mask (**Snow Algae & Spirulina Cooling Mask, Australian Super-Berry Antioxidant Mask, Green Tea Mask, Red Tea Mask**) to decrease activity and add additional healing and Hydration.

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Chocolate Firming Peptide Mask

Products:

Cocoa Activator
Firming Peptide Powder

Directions: Substitute **Cocoa Activator** when mixing **Firming Peptide Mask**

Indications: Aging, Firming

Contraindications: Pineapple/Papaya Allergy



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Brightening Milk Mask

Products:

Amandola Milk Cleanser
Australian Super Berry Antioxidant

Mask

Directions: Combine 1-2 Pumps **Amandola Milk Cleanser** to 1 Tsp. **Australian Super-Berry Antioxidant Mask**. Apply to skin for 10-15 mins, Remove with warm water and 4x4 gauze

Indications: Aging, Hyperpigmentation, Mature

Contraindications: AHA Sensitive, Nut Allergy



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