

# CIRCADIA® Treatments

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Cocoa Enzyme  
Least Active

Raspberry Enzyme  
Middle Active

Zymase Enzyme  
Most Active

Mix 1 part powder to 3 parts activator. Apply to the skin. Time for 8 – 12 minutes, unless otherwise instructed.

Enzymes are most effective when wet and warm. Use with steam/hot towel

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## Cocoa Enzyme

Skin Type Indications:  
All Skin Types, Especially Acne Prone,  
Rosacea, Sensitive

### Benefits:

- Remove keratin buildup
- Anti-inflammatory
- Cocoa aroma

### Key Ingredients:

**Cocoa** - Anti-inflammatory  
**Bromelain** – Exfoliator, anti-inflammatory agent  
**Papain** - highly effective in removing keratin  
**Trypsin** - attacks proteins that contain amino acids

Contraindication: Pineapple/Papaya Allergy



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## Raspberry Enzyme

Skin Type Indications:  
Photo damaged, Hyperpigmentation,  
Aging

### Benefits:

- Remove keratin buildup
- Antioxidant
- Brightening

### Key Ingredients:

**Red Raspberry Seed Extract** - natural Azelaic Acid for brightening  
**Bromelain** – Exfoliator, anti-inflammatory agent  
**Papain** - highly effective in removing keratin  
**Trypsin** - attacks proteins that contain amino acids

Contraindication: Pineapple/Papaya Allergy



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## Zymase Enzyme

Skin Type Indications:

Photo damaged, Hyperpigmentation, Aging

Benefits:

- Remove keratin buildup
- Antioxidant
- Firming

**Key Ingredients:**

**Lemon Peel Extract, L-Ascorbic Acid, Citric Acid**-brighten, tighten and exfoliate

**Bromelain** – Exfoliator, anti-inflammatory agent

**Papain** - highly effective in removing keratin

**Trypsin** - attacks proteins that contain amino acids



Contraindication: Pineapple/Papaya Allergy

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## Chemical Peels

**Lactic (Lactic 30%, Lactic 35%, Lactic 45%)**

**Alpha/Beta (30/10 & 40/15)**

**DermaFrost (Salicylic- 12.5%)**

**DermaFrost (Salicylic- 25%)**

**Jessners-14% Lactic, Salicylic, and Resorcinol**

**Mandeliclear-(7% Lactic, Salicylic, and Resorcinol with 9% Mandelic)**

**Vitamin A Accelerator**



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## Treatment Mask



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## Marshmallow Whip Hydrating Mask

**Indications:** Moisture depleted, compromised, sensitive, rosacea, anti-aging

**Benefits:** Barrier protection, hydrating, soothing & wound repair

**Althae Officinalis Root Extract (Marshmallow) Extract**  
soothing/calming.

**Sodium Hyaluronate**  
Hydrating, moisture retention, skin plumping

**Diffuporine (Acetyl Hexapeptide-37)**  
Peptide that promotes inner hydration

**Royal Jelly**  
Regenerative, anti-inflammatory, antimicrobial.



Pro Tip: Mix Marshmallow Whip Hydrating Mask with Australian Super-Berry Antioxidant Mask, Snow Algae & Spirulina Cooling Mask, Caviar Lime & Passionfruit Enzyme Mask, Red Tea and Green Tea masks to reduce the activity and add additional healing and hydrating benefits to the skin.

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## Caviar Lime & Passionfruit Enzyme Mask

**Indications:** All Skin Types

**Benefits:** Gentle Exfoliation, Antioxidant Support

- **Caviar Lime Extract (Chemical Exfoliation)**  
natural source of AHA's, designed to enhance skin desquamation
- **Bromelain (enzyme exfoliation)**  
Protease from pineapple
- **Passiflora Incarnata Fruit (Passionfruit)**  
This exotic fruit is loaded with antioxidants and skin-boosting Vitamin A.



**Pro Tip:** Massage for added exfoliation

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## Australian Super-Berry Antioxidant Mask

**Indications:**

Dry, Dehydrated, Lackluster skin

**Benefits:** brightening, Antioxidants, increase cell turnover, Hydration

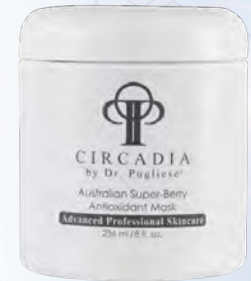
**Pepperberry** - Rich in antioxidants

**Riberry**-Contains antioxidants (vitamin E & anthocyanins) and essential minerals (magnesium, calcium, potassium).

**Muntries**-Nourishes the skin and provides a barrier against moisture loss

**Lactic acid**- stimulates GAGS, and functions as a tyrosinase inhibitor

**Mandelic acid**- Alpha hydroxy acid with tyrosinase inhibiting properties



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## Firming Peptide Mask

**Indications:**

Aging, Mature, Loss of Elasticity

**Benefits:** Firms, Tones, Boosts Skin's Energy, Delivers Essential Peptides

**L-Carnosine**- anti-glycation capabilities.

**L-Carnitine**- Amino Acid, Antioxidant support

**Beta Glucan**- Immune stimulant, activates natural repair system

**Aspartic Acid**-Amino acid that helps to boost your skin's energy.

**Glumatic Acid**-Protects and removes toxins



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# CIRCADIA®

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