

Pre-Treat Peels Post Care



What is an Acid?

- An Acid is any substance that is capable of donating or giving up a hydrogen ion, H^+ .

Why do we Use Acids on the Skin?

- The purposes of using acids on the skin is to remove surface proteins, and to initiate an injury response in the skin.

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What Are Proteins?

- Proteins are complex biochemical compounds made of amino acids.
- The structure and function of a protein is determined by the sequence of amino acids that make up the protein.

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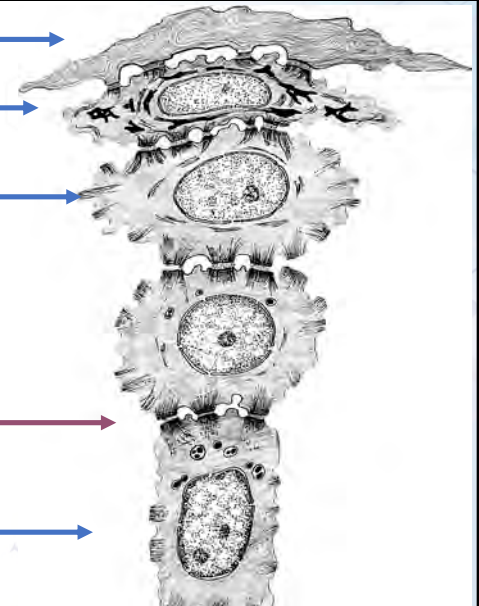
Cornified cell

Granular cell

Spiny cell

Desmosomes

Basal cell



Benefits of Pre-Treating

Aging

- Break down highly keratinized surface proteins
- Stimulate cell turnover
- Enhance peel penetration
- Enhance skin hydration

Pigmentation

- Reduce melanin production
- Melanosome transfer inhibitor
- Alpha MSH inhibitor
- Tyrosinase Inhibitor

Acne

- Reduce inflammation
- Reduce bacteria

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Pre-Treating Aging Regimen

- **Cleanser**- Amandola Milk Cleaner, Micro-Exfoliating Honey Cleanser, Cleansing Gel with Salicylic Acid
- **Protect**- Vitamin C Reversal Serum
- **Repair**- Nighttime Repair, Plus, Vitamin A Boosting Cream
- **Hydrate**- AquaPorin Hydrating Cream

Facial Pre-Treat

- Zymase Enzyme
- Caviar Lime & Passionfruit Enzyme Mask
- Australian Superberry Mask
- Firming Peptide Mask

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Pre-Treating Pigmentation Regimen

- **Cleanser**- Amandola Milk Cleaner, Micro-Exfoliating Honey Cleanser,
- **Protect**- Vitamin C Reversal Serum
- **Repair**- White Veil Brightener, Licorice & Bearberry Brightening Mist

Facial Pre-Treat

- Raspberry Enzyme
- Caviar Lime & Passionfruit Enzyme Mask
- Australian Super-berry Mask

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Pre-Treating Acne Regimen

- **Cleanse**-Cleansing Gel with Salicylic Acid, Micro-Exfoliating Honey Cleanser
- **Protect**- Vitamin C Reversal Serum
- **Repair**- Vitamin A Boosting Cream, Vitamin A Gel, Daytime Control, Spot Stop, White Willow & Juniper Clearing Mist, Chrono-Calm

Facial Pre-Treat

- Cocoa Enzyme
- Caviar Lime & Passionfruit Enzyme Mask
- Oxygen Rx System
- Green Tea Mask
- Firming Peptide Mask

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The Peels Gel vs Ethanol

Gel	Ethanol
Timed, Neutralized, Removed	Self Neutralizing
Activity determined by time	Activity determined by layer
Can be used in a facial setting	Follow protocol
No delayed peeling	Post peel products required
Immediately apply makeup	Can create sheet peeling
Can be used with other forms of exfoliation	Never done on a first time client, be sure to complete consent forms
*no steam	*no steam

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Gel based peels

Lactic (Lactic 30%, Lactic 35%, Lactic 45%)
Alpha/Beta (30/10 & 40/15)



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Lactic Acid Peel 30%, 35%, 45% pH-1.9-3

Indications:

Photodamaged, Hyperpigmentation, Aging

Contraindications:

Rosacea, AHA Sensitive

Benefits: Gel based lactic acid with no down time.

Lactic Acid- Reagent grade acid, Hydrating, Exfoliating

- Must be timed, neutralized and removed
- Clients should expect little to no physical peeling
- Clients can return to regular skincare program the next day.



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Alpha Beta Peel 30/10%, 40/15% pH-1.2-1.6

Indications:

Oily, acne prone, pigmentation, aging

Contraindications:

Rosacea, AHA Sensitive

Benefits: Exfoliation, anti-bacterial, brightening

Ingredients:

Lactic Acid- Reagent grade acid, Hydrating, Exfoliating

Salicylic acid- Anti-inflammatory, Exfoliating, Anti-bacterial

- Must be timed, neutralized and removed
- Clients should expect little to no physical peeling
- Clients can return to regular skincare program the next day.



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Ethanol based peels

DermaFrost (Salicylic- 12.5%)

DermaFrost (Salicylic- 25%)

Jessners-14% Lactic, Salicylic, and Resorcinol

MandeliClear-7% Lactic, Salicylic, and

Resorcinol with 9% Mandelic

Vitamin A Accelerator



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DermaFrost 12.5% & 25% pH- 2.5-2.7

Indications:

Sun damaged skin, Rough calloused skin, Acne vulgarize types I and II, Pigmentation abnormalities, Aging skin, fine lines, wrinkles, Deep wrinkling and loss of elasticity.

Contraindications

Asprin or salicylic sensitivity, History of "cold sores" (Herpes Simplex-Type I), Seborrhea or atopic dermatitis, Accutane within the past year, Pregnant or Nursing, History of being highly allergic, Antibiotics - topical or systemic, Broken skin

Salicylic acid - %- Anti-inflammatory, Exfoliating, Anti-bacterial

- Self Neutralizing
- Clients can expect mild to heavy peeling
- These peels should not be combined with any other treatments or services unless specified



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MandeliClear Peel - pH-3

Indications:

Lightening of post-inflammatory pigmentation due to: acne, melasma or photodamage, mild acne scarring, Fitzpatrick 1-5

Contraindications

Aspirin or salicylic sensitivity, pregnant or nursing, open wounds or suspicious lesions, highly sensitive skin types.

**Salicylic acid 7%, Lactic Acid 7%, Resorcinol 7%
Mandelic Acid 9%**

- Self Neutralizing
- Clients can expect mild to heavy peeling
- These peels should not be combined with any other treatments or services unless specified
- Maximum of 3 layers



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Vitamin A Accelerator

Indications:

Suitable for all skin types- aging, dry, fine lines, lightening of post-inflammatory pigmentation, photo damaged

Contraindications

Vitamin A sensitivity, pregnant or nursing, open wounds or suspicious lesions, highly sensitive skin types.

Retinol 2.5%- Promotes cell turnover, Increases collagen and elastin through fibroblast stimulation

- Self Neutralizing
- Clients can expect mild to heavy peeling
- These peels should not be combined with any other treatments or services unless specified



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Jessner Peel - pH-1.8

Indications:

Lightening of post-inflammatory pigmentation due to: acne, melasma or photodamage, mild acne scarring, Aging Fitzpatrick I-III

Contraindications

Aspirin or salicylic sensitivity, pregnant or nursing, open wounds or suspicious lesions, highly sensitive skin types.

Salicylic acid 14%, Lactic Acid 14%, Resorcinol 14%

- Self Neutralizing
- Clients can expect mild to heavy peeling
- These peels should not be combined with any other treatments or services unless specified



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Post Peel Complications

Pruritus

- Excessive itching
 - Recommendation: Post Peel, OTC 1% Hydrocortisone

Edema

- Excessive swelling
 - Recommendation: Ice pack

Erythema

- Excessive redness
 - Recommendation: Post Peel

Urticaria

- Raised rash
 - Recommendation: OTC 1% Hydrocortisone, contact Medical Provider

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Post Peel Complications

Systemic Reaction

- Light Headiness, Nausea, Headache, Chills, Flu like symptoms
 - Recommendation: Drink Plenty of Fluids, Contact Medical Provider

Post Inflammatory Hyperpigmentation

- Exposure to heat and sun
 - Recommendation: Time, Chrono-Calm, Aloe and Calendula Calming Mist, Bright White Serum

Fissure

- Laceration (premature pulling or picking of the skin)
 - Recommendation: Post Peel

Infection

- Touching contaminated surfaces
 - Recommendation: Contact Medical Provider

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Post Care

1. After 12 hours cleanse with the Vitamin Veil Cleanser, applying to fingertips and lightly cleanse in a circular motion over face and neck. DO NOT USE A CLOTH. Rinse with cool water and pat dry.
2. Apply 2 drops of Vitamin C Reversal Serum, allow to dry.
3. Apply Post Peel Balm to entire treated area.
4. Avoid direct sunlight for the duration of the peel. Apply Light Day Sunscreen Broad Spectrum SPF-37. SUN PROTECTION AT ALL TIMES IS VERY IMPORTANT.
5. Continue normal home regimen after peeling is completed. The use of retinols can resume 14 days after the peel.



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Post Peel Facial

Gentle Cleanser

- Lipid Replacing Cleansing Gel
- Vitamin Veil Cleanser

Gentle Exfoliation

- Cocoa Enzyme
- Caviar Lime & Passionfruit Enzyme Mask

Serum/Booster/Hydrators

- Vitamin C Reversal Serum
- Cyto-Comm Serum
- Chrono-Calm Serum
- Post Peel Balm
- *NEW- WELL CBD BOOSTER

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Sneak Peek

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WELL

Serum Booster
1000 mg CBD
.5oz
\$90 Retail / \$45 Wholesale

Perfect for Post Peel and Boosting Facials!
Add 3 drops to Post Peel Balm for accelerated healing!
CPT .45 cents / Suggested Enhancement Price \$20

CBD Facial Massage
6 Drops added to AquaPorin = 5 minute facial massage
CPT .90 / Suggested Enhancement Price \$20-\$25

100 uses at 3 drops per treatment



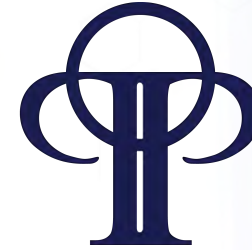
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END OF SUMMER SPECIALS

Save 20% on Retail Bundles
Fall Facial Starter Kit



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