

# CIRCADIA®

Protecting from winter skin

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As environmental temperature drops, heat is lost from the body. We respond in two ways.

the first is vasoconstriction

the second is an increase in metabolism in an effort to generate more heat

Almost all of the skin's problems associated with the cold can be derived from these two facts.

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Cold skin is poorly-functioning skin characterized by dryness, itching, and sub-acute inflammation, all resulting from a greater loss of water

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## Winter Cleansers

- Vitamin Veil Cleanser
- Amandola Milk Cleanser
- Lipid Replacing Cleansing Gel

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## Vitamin Veil Cleanser

Skin Type Indications:

Dry, aged, post peel or surgical procedure

**Soybean Oil**- Creates enzyme modulating peptides, Hydrates, Reduces Pigmentation

**Cranberry Oil**- rich in tocotrienols and tocopherols, and antioxidants,

**Seabuckthorn Oil**- Nourishes, Regenerates, Restorative

**Meadowsweet Oil**- anti-inflammatory

**Tocopherol (Vitamin E)**: fat-soluble antioxidant, wound healing



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## Lipid Replacing Cleansing Gel

Skin Type Indications:

All skin types

**Stepan Mild PCL**- Sulfate free surfactant blend that matches Skin PH

**Panthenol- (provitamin B5)** regenerative, soothing

**Mallow leaf, seaweed, sacha inchi ("Incan-peanut") extract**-Rich in omega 3,6 and 9, essential amino acids and antioxidants



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## Amandola Milk Cleanser

Skin Type Indications:

Sun Damaged, Aging

**Lactic acid**- stimulates GAGS(natural Hydrating Mechanism), and functions as a tyrosinase inhibitor

**Mandelic acid**- Alpha hydroxy acid with tyrosinase inhibiting properties, Anti-bacterial

**Oat protein**- powerful antioxidant, anti-irritant

**Sweet almond milk**- nourishing and moisturizing



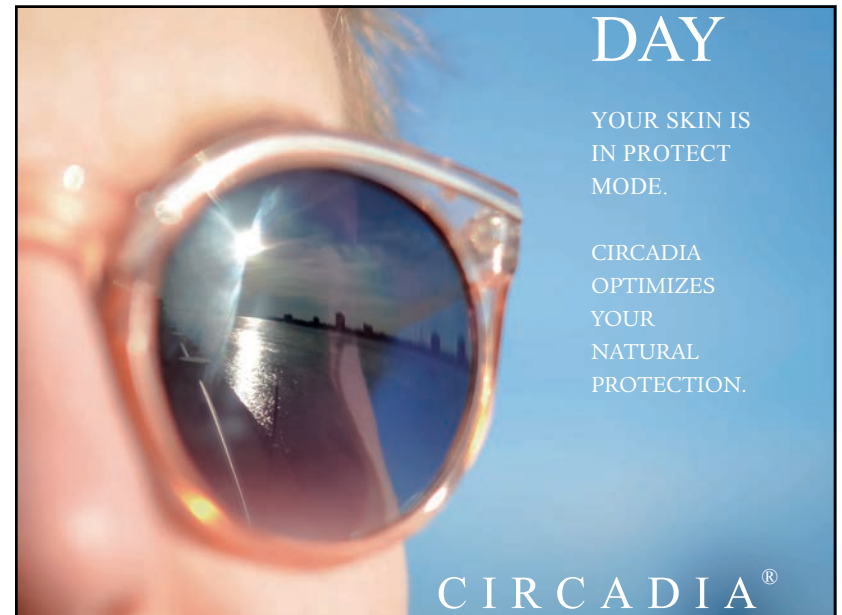
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# DAY

YOUR SKIN IS  
IN PROTECT  
MODE.

CIRCADIA  
OPTIMIZES  
YOUR  
NATURAL  
PROTECTION.



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## Antioxidant Support

Dry, cold skin is the playground of free radicals. Make sure you continue to use antioxidants during the winter, as well as during the summer.

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## Vitamin C Reversal Serum

**Indications:**  
All Skin Types

**Benefits:** brightening, Antioxidants, protects breakdown of collagen

**Magnesium ascorbyl phosphate 8%-A** biologically active form of Vitamin C that inhibits the breakdown of collagen

**Sodium hyaluronate-** binds moisture and soothes

**Panthenol-** (provitamin B5) regenerative, soothing



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## Blueberry & White Tea Hydrating Mist



- **Blueberry Extract:** Antioxidant
- **White Tea Extract:** Antioxidant
- **Chondrus Crispus extract (Marmioist)-** binds large quantities of water to instantly hydrate and soften dry skin
- **Licorice Root Extract:** Known for its skin brightening effects
- **Linden Flowers Extract:** Contains high levels of flavonoids that reduce inflammation
- **Slippery Elm Extract:** Highly soothing with nourishing and protective properties
- **Blue Malva Flower Extract:** A complex polysaccharide with excellent hydration abilities

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## MeriStem Serum

**Indications:**  
Prevention, protection, anti-aging

**Benefits:** Antioxidant support, Wrinkle reduction, wound healing, enhance cell to cell communication.

**Apple stem cell extract:** rare Swiss apple, Increases vitality, combats chronological aging in skin cell, delays aging and have an anti-wrinkle effect.

**Edelweiss stem cell extract:** Antioxidant, shown to reduce wrinkle depth after 20 days of treatment

**Aloe Vera Gel-Eco extract-** wound healing, stimulates fibroblast growth, angiogenesis, re-epithelialization, anti-inflammatory and increases collagen synthesis

**Cyclopeptide-5:** Enhances cell to cell communication, increases elasticity, firmness and wrinkle reducing



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## Full Spectrum SPF

Use sun protection of at least SPF 30. Remember, the sun's rays do not go away in the wintertime. While it is not as intense, sunlight still has a lot of UVA and UVB energy. If the skin is exposed, it is vulnerable to ultraviolet damage.

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## Light Day Sunscreen Broad Spectrum SPF -37

**Benefits:** Environmental Protection

**Avobenzone, Octinoxate, Octocrylene**-absorbs UVA and UVB rays

**SolaStay**- photostabilizer

**PhytoCellTech Solar Vitis**- grape stem cell, antioxidant and hydrating

**Lipochroman 6**- protects cells from internal free radical damage

**Preventhilia**- peptide that prevents damage caused by UV radiation to the DNA and proteins.



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## Moisturize

Make a friend of moisturizers. A cold environment is usually a dry environment. Cool air loses its ability to hold water. As a result, transepidermal water loss goes up, causing the skin to become dry.

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## AquaPorin Hydrating Cream

**Benefits:** Light moisturizer that promotes intrinsic and extrinsic hydration.

**Avocado Oil** -Softens and soothes

**Olive Oil**- Emollient, antibacterial, collagen stimulating

**Macadamia Nut Oil**- Contains palmitoleic acid beneficial dry skin

**Acetyl Hexapeptide-37 (Diffuporine)**- promotes inner hydration mechanisms and water movement from the basal layer to the stratum corneum and improves barrier function.


**Piptadenia colubrina extract (Aguasense)**- increases hydration to aquaporin channels and increases fibronectin



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## Moisture on Demand



**Argan Oil**- nourish, regenerate and protect skin functions

**OPC- Oligomeric Proanthocyanidins**- antioxidant complex, protease inhibitors, anti-inflammatory

**Tocopherol acetate (Vitamin E)**: A very powerful fat-soluble antioxidant that protects cellular membranes from free radicals

**Pentavitin**- increases water holding capacity, binds keratin, reduces dryness and irritation caused by AHA's

**Xpertmoist**- molecular film, highly moisturizing and regenerating effect conferring pleasant feeling to skin and minimizing TEWL under extreme conditions

0.5 fl oz/15 ml

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## Post Peel Balm

**Indications:**  
Dry, Dehydrated, Compromised

**Benefits:** Anti-inflammatory, soothing, hydrating

**Acetyl Tetrapeptide-22 (Thermostressine)**- helps fight cellular stress

**Panthenol- (provitamin B5)** regenerative, soothing

**Allantoin**- soothing, anti-irritant

**Royal Jelly**- regenerative, anti-inflammatory, anti-microbial

**Squalane butter**- restructuring, excellent feel, soothing

**Meadowfoam butter**- Emollient, barrier protection, moisturizing



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## Hydralox

**Benefits:** Lipid based hydrator with anti-aging benefits .

**Tocopherol (Vitamin E)**: A very powerful fat-soluble antioxidant

**Soybean Oil**: inhibits the formation of proteases

**Macadamia Seed Oil**: hydrating and soothing

**Curry Leaf Oil**: Anti-inflammatory and antioxidant properties

**Cinnamon Leaf Oil**: An anti-microbial, antioxidant spice, natural preservative

**CoQ10**: A naturally occurring enzyme found in the mitochondria of the cell, with antioxidant properties

**Essential oils of Rose, Vanilla, and Jasmine**: Used for their hydrating properties



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## Hydralox

Do not forget to protect your lips, as they lose water much faster than your cornified skin.



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Reduce inflammation, redness and the winter itch.

Dry skin is usually flaky. If the dryness is severe, the skin will crack, making it a very poor barrier for controlling things going in and out of the skin.

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## Aloe & Calendula Calming Mist



### Indications:

Rosacea, Sensitive, compromised, post peel

**Benefits:** Soothes, anti-inflammatory, hydration, wound healing.

**Chondrus Crispus extract (Marmoist)-** Instantly hydrate and soften dry skin

**SepiCalm VG-** soothes sensitive and irritated skin, and inhibits inflammatory mediators

**Sea whip extract-** powerful anti-inflammatory

**Aloe Vera Gel-Eco extract-** wound healing, stimulates fibroblast growth

**Calming blend-** aloe, calendula, chamomile, elderflower and rose extracts

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## Chrono-Calm



### Indications:

Rosacea, Sensitive, compromised

**Benefits:** Soothes, decreases facial redness, anti-inflammatory, wound healing, immune support.

**AcetylTripeptide-33 (Telangyn)-** decreases facial redness

**Extract blend of Magnolia bark and grape seeds (MAXnolia)-** protects skin against chronic inflammation

**Quencht-** reduces stinging, tingling, and burning sensations

**Ginger Eco extract-** Anti-inflammatory, analgesic

**Marshmallow Eco extract-** anti-inflammatory and film forming to protect against irritating agents

**Oat beta glucan-** immune stimulant, activates natural repair system

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## Tranquili-Cream



### Indications:

Rosacea, Sensitive, compromised

**Benefits:** Soothes, decreases facial redness, anti-inflammatory, wound healing, immune support.

**SepiCalm VG-** soothes sensitive and irritated skin, and inhibits inflammatory mediators

**Stimu-Tex-** anti-inflammatory properties

**Caresoft-** reduces skin reactivity and sensitivity

**Sea whip Extract-** anti-inflammatory benefits

**Marrubium Stem cell extract-** Activate the skins self-defense systems.

**Acetyl Hexapeptide-46 (Delisense)-** reduces discomfort of pain and itching

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